# Sunday 17th March – Connect Group Notes

## It’s ok not to be ok – Deliberately Weak

Judges 7

Recap on the story of Gideon so far – how have we seen Gideon grow and change? How has God offered comfort and reassurance?

Read Judges 7:1-7

Why does God now ask Gideon to make his army weaker? How has God prepared Gideon for this moment?

Read Judges 7:8-18

Do you think Gideon was ‘ok’ with God’s command?

In what ways does God offer him reassurance?

Who comes up with the plan for how to use the 300 remaining men? What do you think the men expected to happen once they had followed Gideon’s instructions in v18?

Read Judges 7:19-22

What made Gideon’s plan successful?

From a position of weakness, God has built up Gideon to a place of strength, leading an army, but now asks him to enter the battle from a place of weakness again. In what ways does God ask us today to choose weakness?

Do you have experience or examples of times where God has asked you to put yourself in a weaker position?

How do you think Gideon grew through his experience? How have you grown through weakness?

Why can this be important? What does Paul teach us about weakness? Read 2 Corinthians 12:9-10 and 1 Corinthains 1:27-29

Finally, read Philippians 2:5-8

How does Jesus give us the ultimate example of choosing weakness?

How can we have the same mindset as Christ Jesus? What does it look like to choose weakness in taking up our cross and following him today?

In what ways are we tempted to choose comfort rather than the cross?

It will not be comfortable but ‘It’s ok not to be ok’ because choosing weakness can help us grow, can reveal God’s strength, and is part of following Christ.